

EVENT	GENDER	AGE	MINIMUM
			Send your
100m	Girls	10	top 5
		11	top 5
		12	top 5
100m	Boys	10	top 5
		11	top 5
		12	top 5
400m	Girls	10	1:50 min
		11	1:30 min
		12	1:30 min
	Boys	10	1:50 Min
		11	1:30 min
		12	1:30 min
1000m	Girls	10	5:30 Mins
		11	5:00 mins
		12	5:00 mins
	Boys	10	5:30 Mins
		11	5:00 mins
		12	5:00 mins

EVENT	GENDER	AGE	MINIMUM
Long Jump	Girls	10	2.4 m
		11	2.3 m
		12	2.6 m
	Boys	10	2.4 m
		11	2.5 m
		12	2.8 m
Triple Jump	Girls	10	4.75 m
		11	5.0 m
		12	5.5 m
	Boys	10	4.5 m
		11	5.3 m
		12	5.9 m
Shot Put	Girls	10	4.0 m
		11	4.8 m
		12	5.0 m
Shot Put	Boys	10	5.0 m
		11	6.0 m
		12	6.3 m

100 m just send you top 5,4,3,2,or 1. If number 4 was way behind at the finish just send 1,2,3. When you register-put their place not their time