Schedule

## 2023 Meet Schedules

Thursday June 8, 2023

## Location: Columneetza Field

1km Races on a single track - Finals
Time: 3:20

Boys Aged 10 - 12+ FINALS
Girls Aged 10 - 12+ FINALS

Friday June 9, 2023
Locations: Columneetza Field \& Nesika Field

|  | Boys 10 | Girls 10 | Boys 11 | Girls 11 | Boys 12 | Girls 12 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9:10 | Opening Ceremony (9:25 athletes go to $1^{\text {st }}$ event) |  |  |  |  |  |
| 9:30 | LJ | R | TJ | 100 | SP | 400 |
| 10:25 | R | TJ | 100 | SP | 400 | LJ |
| 11:20 | TJ | 100 | SP | 400 | LJ | R |
| 12:15 | 100 | SP | 400 | LJ | R | TJ |
| 1:10 | SP | 400 | LJ | R | TJ | 100 |
| 2:05 | 400 | LJ | R | TJ | 100 | SP |
| 3:00-3:30 | 100M Finals all Ages |  |  |  |  |  |
| Order of finals | $1{ }^{\text {st }}$ | $2^{\text {nd }}$ | $3{ }^{\text {rd }}$ | $4^{\text {th }}$ | $5^{\text {th }}$ | 6th |

## Cleanup all Garbage After 100m finals

| LJ = Long Jump @ Nesika | $100=100$ Meter Race @ <br> Columneetza |
| :--- | :--- |
| SP= Shot Put @ Columneetza | $400=400$ Meter Race @ <br> Columneetza |
| TJ=Triple Jump @ Nesika | R = Rest, Watch, Eat, Drink Water |

